States
of Jersey

How to keep your child safe online

53% of 3-4 year olds now use a mobile device to access the internet for nearly 8 hours per week

Dear Parent,

Jersey's Government departments including the Digital Policy team and Children, Young People, Education and Skills are working together to ensure that Jersey remains a safe place to live our lives and do business online.

Much of this work must start in the home with you, but we recognise that this can be a daunting task, especially when the so called 'expertise' lies in the hands of our children who have been born into a world of digital technologies.

Useful links

The links below will support you, as a parent, to maintain a safe online environment in your home.

Have **ongoing conversations** with your children about staying safe online. It is important they know and feel that they can speak to you if they are unsure of anything they come across online

Use **safety tools** on social networks and other online services

Use **parental controls** on your home internet and devices

6+ Ensure that **age restrictions** on websites and games are adhered to

Try to ensure that your child isn't using the internet **unsupervised**

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parentzone.org.uk/advice/parent-guides
This page looks at parental and privacy controls for many commonly used apps and online tools and how easy it is for children to access the services.

childnet.com/parents-and-carers/need-help
This page guides you through the process of reporting concerns or risks.

childnet.com/resources/how-to-restrict-in-app-purchases-1
This page helps you understand how to restrict in-app purchases.

commonsensemedia.org/
This website has the largest, most trusted library of independent age-based and educational ratings and reviews for movies, games, apps, TV shows, websites, books, and music.

bbc.com/ownit
This BBC page is aimed at 9-12 year olds – useful for parents to share with children.

nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety
The NSPCC gives advice and practical help about keeping children safe online.

blog.google/technology/families/helping-parents-have-tech-talk-their-kids
Google Tips for parent conversations at home.

childline.org.uk
Be aware of "Cyber Bullying" - Childline offer plenty of advice and support.

GET SAFE ONLINE .org