**Rationale**

Physical Education (P.E) develops a child’s confidence in their own abilities to perform in a range of activities. It will help assist their own physical development and knowledge of the body in action. P.E enables a child to be creative, competitive, co-operative and the opportunity to encounter different challenges as an individual, in groups and in teams.

At d’Auvergne School, we provide a broad and balanced programme of Physical Education we believe every child should have access to. Activities are designed to be enjoyable, vigorous, purposeful, and regular. By providing positive experiences, a lifelong interest in physical activity is hoped for, as well as promoting a positive attitude towards a healthy and active lifestyle.

The range of physical activities is wide and includes dance, games, football, rugby, swimming, tennis, and outdoor education. As well as this, there are numerous opportunities to compete against other schools in a number of different sporting competitions such as netball, rugby, football and cricket.

**Aims**

Each P.E session will contain elements required by the Jersey Curriculum.

KS1 pupils will be taught to:

* master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
* participate in team games, developing simple tactics for attacking and defending
* perform dances using simple movement patterns.

KS2 pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

KS2 pupils will be taught to:

* use running, jumping, throwing, and catching in isolation and in combination
* play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders, and tennis], and apply basic principles suitable for attacking and defending
* develop flexibility, strength, technique, control, and balance [for example, through athletics and gymnastics]
* perform dances using a range of movement patterns
* take part in outdoor and adventurous activity challenges both individually and within a team
* Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

**Entitlement**

The school provides all pupils with two hours of P.E per week. This is delivered through two lessons of 1-hour duration. Units of work are organised so that the children have 1 hour per week focussing on one area, and the other hour focusing on another area. This continues for periods of half a term. Each class is timetabled so that they can access the school hall an hour a week as well as the 3G football pitch.

Year 4 have half a term dedicated to swimming lessons, which are conducted 3 times week. In Year 5, their lessons are taught over a term and are conducted once a week.

**Planning, Teaching and Learning**

All teachers are responsible for the planning of Physical Education with their own class or to selected groups, as appropriate. As well as this, the classes that are taught by external agencies such as Jersey Sport which will also be planned for accordingly.

However, the co-ordinator is responsible for overseeing the plans and making sure there is continuity and progression throughout the school.

Lessons are sectioned into units of work to promote greater depth of understanding, developing of skills, contextual application of these skills and the ability to perform reflectively.

Children will be given the chance to demonstrate their learning, using a range of communication styles, allowing for effective assessment. This assessment will be used to inform planning, promote greater learning, and give an overall analysis of the physical profile of the school.

Addition to the assessment conducted by teachers, Jersey Sport will arrange a variety of assessments for the students that they teach. This will occur once a term and will cover a range of fitness components such as aerobic, anaerobic, balance, co-ordination, flexibility, power, and strength.

**Monitoring of Standards of Teaching and Learning**

The P.E Subject Leader will conduct sampling of lessons across the year. They will ensure standards of teaching and learning, and pupil achievement are high in accordance with best practice.

**Health and Safety**

Health and Safety is considered of the utmost importance at d’Auvergne School. When working with any form of PE equipment and/or when in different environments, including those that are unfamiliar, pupils will be taught:

a) about hazards, risks, and risk control

b) to recognise hazards, assess consequent risks and take steps to control the risks to themselves and others.

c) To use information to assess the immediate and cumulative risks.

d) To manage their environment to ensure the health and safety of themselves and others.

e) To explain the steps that they take to control risks.

Partnership with Parents/Carers Parents are encouraged to participate in their child’s education. They are informed of areas of study each term.

Parents are encouraged to attend extra-curricular events such as netball, football and rugby tournaments.

**Risk Assessments**

The PE subject leader is responsible for carrying out a thorough risk assessment of sporting equipment and facilities. Risk assessments are to be carried out by the individual teacher on any facilities that are used for sporting activities outside of the school grounds.

Safety checks and repairs are carried out on gymnastic equipment on a regular basis. Despite this, staff should check apparatus when it is being taken out for use in lessons. If a potential hazard is identified, it is immediately taken out of use and reported to the P.E subject leader. It is expected that any equipment that is taken out of the sport cupboard, be put back in the correct place.

**Safety Clothing**

Staff should wear appropriate footwear and clothing to enable them to move quickly, efficiently, and safely. Pupils should wear their d’Auvergne School shorts, T-shirts, and trainers. Children are advised to wear d’Auvergne tracksuit top, tracksuit bottoms and trainers for outdoor P.E sessions.

**Extra-Curricular Opportunities**

After school club activities are provided for the children throughout all year groups. These vary term to term and are provided by outside agencies or staff from d’Auvergne School.

The children in Key Stage 2 have various opportunities throughout the year to compete in various sporting competitions against other school, such as athletics, tag-rugby, netball, cricket, cross-country and football tournaments.

**Role of the Subject Leader**

The subject leader will:

• Lead the development of P.E in the school.

• Provide appropriate guidance for all members of staff.

• Have an overview of the continuity and progression of P.E throughout the school and be able to review and monitor the progress/success of the planned units of work.

• Have access to staff planning and evaluation of P.E of teaching/learning.

• Keep up to date with new developments in the subject.

• Ensure P.E is implemented effectively in school to National Curriculum Standards.