

Physical Education Statement



At d'Auvergne School, we have a strong ethos of "Fit for the Future". One aspect of being fit, is being physically fit.

A child that is physically fit will benefit in all aspects of their everyday lives, this includes their self-confidence, respect for themselves and others, improved health and academically.

As a school, we provide a broad and balanced programme of Physical Education (P.E.) which we believe every child should have. Activities are designed to be enjoyable, vigorous, purposeful and regular. By providing positive experiences, a lifelong interest in physical activity is hoped, as well as promoting a positive attitude towards a healthy and active lifestyle. The range of physical activities is wide.

As well as this, there are numerous opportunities for Key Stage 2 children to compete against other schools in several different sporting competitions.

Physical Education develops a child's confidence in their own abilities to perform in a range of activities. It will help assist their own physical development and knowledge of the body in action. P.E. enables a child to be creative, competitive, co-operative and the opportunity to encounter different challenges as an individual, in groups and teams.

The school provides all pupils with at least two hours of P.E. per week. Some units of work are organised so that the children have 1 hour per week focussing on one area, and the other hour focusing on another area. Other units of work are organised so that the children have 2 hours per week focussing on the same area. This continues for periods of half a term. Each class is timetabled across the school year so that they can access the school hall, badminton hall, court and 3G football pitch.

These lessons are blocked in units of work to promote greater depth of understanding, developing of skills, contextual application of these skills and the ability to perform reflectively.

Children will be given the chance to demonstrate their learning, using a range of communication styles, allowing for effective assessment. This assessment will be used to inform planning, promote greater learning, and give an overall analysis of the physical profile of the school.
