



Activities Programme

Issue 1: Spring 2024





Participating in extra-curricular activities can help some pupils with: boosting their self-esteem, improving social skills, elevating positive mental health, improving physical health and helping develop positive habits.



Introduction

Through our After School Club we offer a range of extra-curricular activities. We provide:

- Opportunities to further embed skills taught through the curriculum
- Enrichment to the school curriculum
- Full use of the school's resources and environment
- Access to specialist coaches
- Opportunities for additional physical activity.

We are committed to supporting busy, working families.

Parents are asked to check with the office to see whether the activity they are interested in is available for their child/ren based on their Year Group. More information is available on our school website.

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Art *(available for Years 1 – 6)*

The sessions will all allow the children to be creative and use different resources to make beautiful pieces of artwork to take home and keep.

Badminton *(available for Years 2 – 6)*

An introduction to this sport played with lightweight rackets and a shuttlecock.

Boardgames *(available for Years 3 – 6)*

Aimed to increase brain function, set goals, be patient and make friends. Various boardgames and cards are available.

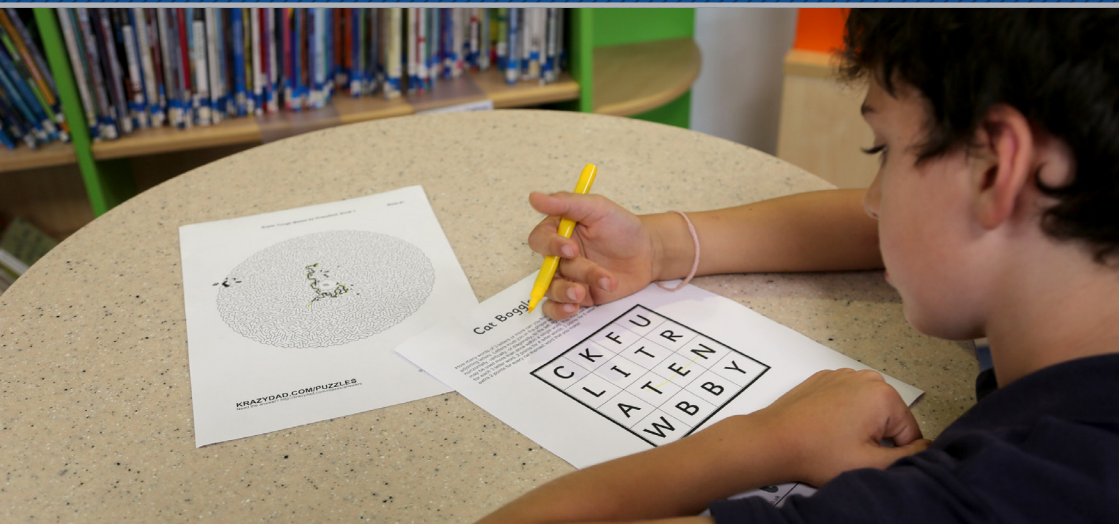
Capoeira *(available for Years 1 – 6)*

An Afro-Brazilian martial art that combines elements of dance, acrobatics and music. Initially, the purpose of capoeira was for enslaved people to disguise dance movements for attack and self-defence. It is now considered more a sport for health and exercise.

Chess *(available for Years 2 – 6)*

Chess is a universal game, which promotes key intellectual skills such as problem solving, logical thinking, pattern recognition and concentration. Playing chess also fosters intellectual character. It teaches children how to lose and how to win gracefully, to think ahead and foresee the consequences of their actions.

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Chill out zone *(available for Years 3 – 6)*

This club is for children that enjoy a calmer time and get to choose what to do. Choices are; books, origami, drawing, colouring and word search.

Connect film club *(available for Years 4 – 6)*

This activity is offered FREE of charge. Is about connecting fun, films, and friends. Each week starts with a game, then watch clips from a popular movie, through which will explore themes of everyday life and make connections with the Christian story. The club is run by Jersey Baptist Church.

Drama *(available for Years 3 – 6)*

An opportunity to explore creative sides and build confidence through fun activities and acting.

Football (school team) *(available for Years 5 – 6)*

These sessions are FREE of charge for children who are invited and are either in the Football teams or training /trailing for one of the school teams. Children will learn the fundamentals of the game, and how to work as part of a team, and compete in a sportsmanship manner.

Football Academy *(available for Years 2 – 5)*

The sessions are fun based whilst also learning new skills and developing the children's understanding of the game.

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Homework *(available for Years 2 – 6)*

Supported homework and reading opportunities in the I.T. Suite. This gives parents the opportunity for the children to complete their homework prior to coming home.

Keyboard club *(available for Years 3 – 6)*

Learn to play the keyboard. This is not replacing JMS piano lessons. We will use the school keyboards for the club.

Life skills *(available for Years 3 – 6)*

To enable children to handle issues commonly encountered in life and build self-esteem. Will cover decision making (how to order food at restaurants), practice good manners, money management (learn how to make change, understand credit cards, spend wisely) etc.

Mini Chefs *(available for Years 3 – 6)*

Children will learn about food, nutrition, and basic cooking & baking skills.

Multi Sports *(available for Reception – Year 6)*

Jersey Sport are covering football, tennis, cricket, baseball, rugby, dodgeball, badminton, hockey, athletics, golf, and anything else their imaginative coaches can plan a session for. Their emphasis is on making everything as FUN as possible to engage the children.

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Netball *(available for Years 4 – 6)*

This is a FREE of charge activity for children who are keen to learn more about Netball, with the possibility of playing against other Primary Schools within the league and in tournaments. The children will learn about teamwork, hand- eye coordination, agility, invasion games, rules within the game of Netball.

Now, Press, Play *(available for Years 1 – 3)*

An award winning immersive audio resource for primary schools that engages children in the curriculum through sound, story and movement. Each child is given a pair of wireless headphones. Immersed in sound, they become the main character in a story, meeting people, discovering places, and solving problems.

Play *(available for Nursery – Year 2)*

There will be various toys/playthings/art and craft items available to the children throughout these sessions. There will be outdoor play when the weather permits.

Puzzlers *(available for Years 3 – 6)*

This is a fun club where the children can develop a range of lateral and strategic thinking skills, using a wide variety of interactive and hands-on puzzles & games. There will be “Escape room”, puzzles, quizzes, crosswords, jigsaws and other puzzles that children are interested to try.

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Relaxation club *(available for Reception – Year 2)*

Fun and creative sessions helping children to learn how to relax, through games, videos and gentle stretching exercises.

Sports Bug *(available for Reception – Year 4)*

Focused on ensuring that sports sessions are caring, inclusive and FUN! They cover the basics such as dribbling, passing, shooting, tackling all through a series of mini games.

STEM club *(available for Years 5 – 6)*

Powerful and enjoyable way to engage young people with science, technology, engineering, and mathematics (STEM) subjects.

Zumba club *(available for Years 1 – 6)*

Zumba kids classes feature kid-friendly routines based on original Zumba choreography. They break down the steps, add games, activities, and cultural elements into the class structure.



Don't forget to have a look on our school website:
www.dauvergne.sch.je

Follow us on Facebook and twitter too!
[@dauvergnejersey](https://www.facebook.com/dauvergnejersey) [@dauvergne.sch.je](https://twitter.com/dauvergne.sch.je)

If you have any further questions, please do not hesitate to e-mail
admin@dauvergne.sch.je or give us a call on 01534 625858